

DERMATOLOGY SURGERY AND LASER CENTER

NEWSLETTER

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Rhoda S. Narins, MD David J. Narins, MD

WARM WISHES FOR THIS UPCOMING YEAR....

Dear Friends,

Fall is here and so are a lot of new products and treatments!

We offer a full selection of services that will transform you so that you can face all your seasonal activities with confidence. We are very excited about the new procedures and products developed to help you look your best for whatever special occasion is coming up.

Our experience as scientific leaders enables us to offer the latest treatments and technology and pass them along to you. We want you to get maximum results with minimal side effects and recovery time.

We feel it is very important that we gear our treatment to the individual patient's needs. So no matter what your plans call for: travel, parties, events or just relaxing at home, call our office and book your appointment now.

We look forward to seeing you soon,

Rhoda and David Narins and Staff

OUR ECONOMIC STIMULUS PROGRAM

The economy has driven many of our suppliers to lower the price on their products and we would like to pass these savings on to you.

Be Red Carpet Ready



The red carpet is no longer just for celebrities—if you've got a red carpet event, we can get you picture-perfect in plenty of time for your big day. One of our plans is right for you—be it six months, three months, one month, or 1-2 weeks.

Six Months Before:

If you are considering an invasive form of cosmetic surgery, now is the time to do it. Also, many noninvasive facial rejuvenation treatments, like IPL Photo Facial or laser resurfacing, work best when done as a series over time.

One to Three Months Before:

There are a wide variety of facial rejuvenation treatments that can be done including fillers, botulinum toxin, Thermage skin tightening, lasers, liposuction/liposculpture and peels. We can rejuvenate your skin, plump your lips, erase brown and red spots and sculpt your body to perfection.

1-2 Weeks Before:

Consider a microdermabrasion or light rejuvenating peel to make your skin glow. A facial and/or botulinum toxin might be just the thing to make you feel camera ready.

Is Your Red Carpet White?

What Bride doesn't want to look her picture perfect best on the most special day of her life? Our Bridal packages are the "must have" for a walk down the aisle. We can rejuvenate your skin, plump your lips and sculpt your body to perfection, so that you look the part at your fairy tale wedding. All you need to do is call us for a consultation when you begin planning your big day. We'll help you create the perfect package of services. Ideally, given one-to-six months, wonderful improvements are possible. The more time you give us, the better.

Here's a look at the services brides-to-be are snapping up:

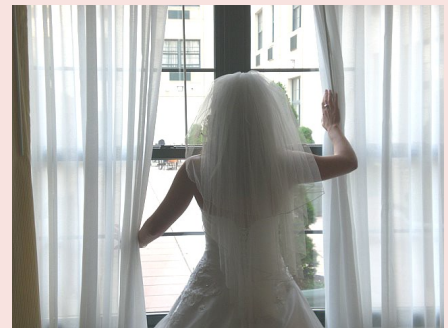
*Botox or Dysport: Botox or Dysport can give you smooth, wrinkle-free skin, erase crow's feet and frown lines, and give you a flawless complexion, so that, when your veil is whisked away, you will look smooth and flawless.

*Fillers: Restylane, Juvederm, Radiesse, Evolence collagen, ArteFill, Sculptra, fat and other fillers can plump your cheeks, get rid of the lines around the mouth and make your lips fuller.

*Laser Hair Removal: Eliminate any unwanted body hair, so you'll look great not only in your wedding gown, but also in your wedding night lingerie.

*IPL Photorejuvenation: Perfect your skin with Intense Pulsed Light treatments that can eliminate red and brown discoloration on your face, erase dark spots, and give your face a glow. This technique can also be used on your face, neck, arms, and hands—even your décolletage, so you can wear as deep a neckline as you wish.

*Liposculpture: Just a bit of this new form of liposuction can ensure that your gown flows beautifully over your curves.



Look Perfectly Turned Out and Natural—Not Overdone

It's easy to tell a woman who has had work "done". Her skin is too light, her lips too pillowy and sometimes "ducklike", or her face has a plastic doll-like look about it. Fortunately, Dr. Narins has always prided herself in being skilled in making subtle, delicate changes. In her skillful hands, a bit of filler, Botox, Dysport, Liposculpture, or the latest laser technique will leave you looking just like yourself—only better. None of your friends will be able to figure out exactly why you look so good.

EYES WIDE OPEN AND ALERT

The eyes are the windows to the soul, it's said. That may be, but the eyes are also one of the places that gives age away. You can have all the facial treatments in the world, and it will be to no avail if you have dark circles and bags under your eyes. Well, weep no more. A filler can be used to get rid of those aging under-eye hollows with immediate improvement of dark pigment as a secondary wonderful benefit!

Skin Tips -

1. Burns, scars and stretch marks can be helped with topical applications of Mederma.
2. Fillers such as Radiesse, Hyaluronic Acids such as Restylane and Juvederm, Evolence, Artefill, Sculptra and your own fat can enhance a recessed chin and make your face and neck look better.
3. Sculptra is a filler that volumizes and fills your face like your own fat. It's wonderful for cheekbone enhancement.

OFF WITH THE SCARF!

We all wear scarves in the winter, but indoors you'll be showing off your bare neck, so you need to make sure that your chin and neck are at their sexiest. Those passing years, though, tend to result in excess sagging fat in the lower face, which results in jowls and the dreaded "turkey neck". Happily, though, a bit of Liposculpture can eliminate that excess fat, tightening the skin, so that you'll look wonderful in the most plunging of necklines. You can toss that scarf away permanently. We also do micro liposuction of the jowls with wonderful improvement of the jawline. Botulinum toxins can help get rid of those vertical or horizontal lines on the neck. Whatever your particular neck problem is, come in and see us for a consultation.

More Skin Tips....

1. Permanent Fillers are available

Ask us about permanent fillers that are FDA approved or used off-label.

2. New Botulinum Toxin, DYSPORT, Gets Approved

Our center was an important part of the clinical trials for DYSPORT, a new botulinum toxin that has been approved by the FDA. This non-surgical treatment can be used for frown lines, crow's feet, forehead wrinkles, lip lines vertical and horizontal neck lines as well as excess sweating, painful scars, etc.

3. Hyaluronic Acid Fillers Restylane and Juvederm are Reversible

Hyaluronic acid fillers are totally reversible with tiny injections of hyaluronidase. First time patients are always glad to hear this even though it would be most unlikely for anyone to want the filler removed.

REPLUMP THOSE EARLOBES

When it comes to looking your best, you know that the smallest details count. So any woman who wants to look well-groomed needs to look perfect, right down (or up!) to her ears. But what use are sparkling earrings if all they do is call attention to sagging earlobes? Fillers or a laser treatment can make your earlobes appear plumper, smoother and younger, and give a more appropriate home to your finest earrings.

HEAD TURNING LEGS

The coming of warm weather means it's time to shed your winter boots, but are your calves and ankles ready to be revealed? Liposculpture is not just for tummies, waists and hips. It's the ideal procedure to trim the excess fat from the lower calves and ankles that gives a "peg leg" or "piano leg" appearance. This will define your calf muscles, resulting in much more attractive legs and ankles.

CLINICAL TRIALS

Because of our excellent reputation and years of experience, we have several clinical trials ongoing in our office all the time. If you think you might benefit from these new cutting edge treatments, just let us know. We'll let you know which studies are currently being conducted.

DON'T FORGET THE "OLD RELIABLE" PEEL

A safe, reliable and inexpensive way to smooth and brighten skin, treat acne and get rid of brown spots.

Peels are useful in treating aging and/or acne. There are many different peels of different strengths, some with no recovery time, some with one or two days, and some with up to one week of down time. Ask us which peel works best for you.

LIPOSCULPTURE—Totally Safe, Totally Effective

Liposculpture is a much more advanced technique than liposuction of the old days because we pinpoint target areas more precisely, to give you just as much - or as little - treatment that you need to make a real difference in your figure. Liposculpture is an in-office, in-and-out procedure that uses local tumescent anesthesia without general anesthesia. This greatly reduces recovery time and increases safety. Dr. Narins, a leader in the field, has done thousands of these procedures. She can show you how this technique will easily eliminate your problem areas, including fat deposits on your hips, abdomen, neck, bra fat areas, outer thighs (saddlebag), waist, etc. Look better in everything from your shorts to your strapless gowns.

LIPOSUCTION REPAIR

Are you unhappy with liposuction you have had elsewhere in the past? Dr. Narins is known for liposuction repair and will do her best to make you look good again. Come in for a consultation and see if you are a candidate for this wonderful procedure that can make you feel better about yourself.

Grow Eyelashes Thicker, Longer, Darker with Daily

Applications of Latisse

You won't believe the improvement you will see in your eyelashes when you apply Latisse daily. Come in and talk to us about this remarkable product. When you see someone with full, thick and dark eyelashes, ask the person if they are using Latisse. The results are amazing!

Latisse (bimatoprost), a medication that has been used safely to treat glaucoma for years, doubles eyelash growth in a dosage 20 times less. In fact, so amazing are the results that patients have been clamoring for it since it was FDA approved in February 2009.

It is applied once daily to the eyelid rim for 8-16 weeks and then 2 - 3 times weekly to maintain growth. The applicator is supplied with the product and it is very easy to use. Come in and find out if you are a candidate for this exciting treatment.

And more Skin Tips....

Hand Treatments—Various combinations of lasers, peels and fillers can be used to make your hands younger and smoother without those aging brown spots.

Vein Season—This is the best time to treat those unsightly spider and varicose veins.

Script-A-Derm Website—See our website and order online. We have a beautiful new brochure that describes our products and product programs.

TIGHTEN AND TONE—New Body, New You!

What would it be like to be able to slough off your wrinkled skin and find a body with younger looking skin beneath it? Once, that was the stuff of science fiction, but no longer. “Body by Thermage’ is a non-invasive procedure that smoothes, tightens and contours the skin for an overall younger looking experience, without surgery, injections or downtime! This revolutionary process utilizes radiowaves to safely heat your skin all the way down to the collagen level. Stimulating your skin’s collagen creates the younger skin that you once had—the only difference is that now, you have the wisdom to appreciate it. In addition to tightening sagging skin on your face and reducing hooding, crow’s feet and wrinkles around your eyes, Thermage can also be used to tighten, tone and help remove wrinkled skin on your arms, tummy and legs as well. Call us today to learn more about this remarkable procedure.

Research suggests photodynamic therapy may improve the appearance of sun damaged skin.

AFT (10/21) reports that “skin that has been damaged by the sun can be improved by increasing its sensitivity to light and then treating it with laser therapy”. The photodynamic therapy treatment “increased collagen levels in the skin and produced other changes that are known to improve the skin’s appearance. ...Photodynamic therapy has also been used as a treatment for precancerous lesions and for some types of skin cancers.”

If you have sun damaged, skin, ask us about this treatment.

New Techniques Lead to 80% less Bruising with Fillers

Newer Techniques are now available to minimize bruising from treatment with fillers. Of course, we like you to avoid aspirin, excess Vitamin E and fish-oil for 2 weeks prior to treatment. Some fillers, such as Evolve, are much less apt to cause bruising.

LEARN MORE ABOUT SAFE LIPOSCULPTURE USING LOCAL ANESTHESIA

Want to learn more? Call for a consultation to learn how Liposculpture can make your problem areas disappear! Or, stop in for a free copy of Dr. Narins’ book, “Body Contouring: The New Art of Liposculpture using Tumescant Local Anesthesia”. If you can’t come by, send \$5.00 for shipping and handling, and we’ll sent it out to you. You’ll be amazed at what this quick procedure can do for you. Dr. Narins is also an expert in repairing liposuction done elsewhere. Patients are referred world-wide to her for treatment when too little or too much fat has been removed.



SCRIPT-A-DERM PRODUCTS

Our exclusive skin care lines, formulated by Dr. Narins, has products for every skin type and every season.

Our recommendations are 3 special Products:



- Anti-aging serum,
- Anti-aging cream,
- Moisturizing sunblock

These “fabulous 3” are essential for facial rejuvenation!

VISIT OUR WEBSITES: WWW.NARINS.COM WWW.SCRIPTADERM.COM