

# DERMATOLOGY SURGERY AND LASER CENTER

# NEWSLETTER

## White Plains

222 Westchester Avenue  
White Plains, NY 10604  
914.684.1000

**Rhoda S. Narins, MD PC**  
**David J. Narins, MD FACS**

[www.narins.com](http://www.narins.com)

## Manhattan

994 Fifth Avenue  
New York, NY 10028  
212.288.9910



Dr Rhoda Narins is the Guest Editor of the December Special Issue On Fillers for the Journal of Dermatologic Surgery, and is an author of several articles published in this and other peer reviewed journals. Dr. Narins lectured and chaired sessions in this year at many Dermatology Meetings this year including the ASDS and AAD as well as several international meetings such as IMCAS.



Dear Friends,

We are excited about the many new products and treatments to help you look your best...you will love the results!!

Look for our new cannula technique that enables us to administer fillers with no bruising!

Check out the Fraxel Laser for skin tightening, wrinkle and spot removal. It's a homerun! For minimal downtime and tighter pores, ask about the IPL Ultra, microneedling and chemical peels.

Non-surgical Fat Removal is here. Zeltiq Cooltouch treatments - 1 hour RX treatment removes fat while you read a book!

A Thermage Radiofrequency treatment tightens the skin of the face, neck and body with no downtime.

Lasers, Fillers, Skin Care and Botulinum Toxin can rejuvenate and leave you looking healthy and natural - a better you! Ask about our Liquid Facelift.

See our updates on Liposuction...

We have seminars, consultations and special product offers available. Call our office, our wonderful staff is always happy to help.

It is very important to us that we design our treatment to each individual patient's needs. So no matter what your plans call for: travel, parties, gala events or just relaxing at home. Look your best this coming season, whatever the occasion.

We look forward to seeing you soon.

Warmest Regards,

Rhoda and David Narins and Staff

### **SILHOUETTE INSTALIFT** - *The minimal Invasive Thread Lift*

Silhouette Filler Sutures lift the skin with immediate results. Ask Dr. Narins about lifting the face, jowls and neck. This in-office 45 minute procedure is comfortable and has minimal recovery time. No anesthesia is needed for this remarkable breakthrough. The sutures are naturally absorbed over time and stimulate collagen to aid in healthy renewal of the skin with volumizing. Rejuvenation results are long-lasting and natural.

### **BRUISING PREVENTION BREAKTHROUGH FOR FILLERS**

We are using new blunt tipped needles for most fillers with minimal or no bruising.

## NON-SURGICAL EYE REJUVENATION



1. Botulinum toxin for frown lines, crow's feet, under eye wrinkles and lifting eyebrows. *We have Botox, Dysport and Xeomin available.*
2. Filler to fill in under-eye hollow, get rid of dark circles and to raise the eyebrows.
3. Fraxel, Chemical Peels or Thermage treatments to tighten skin and smooth skin.

## ACNE AND ACNE SCARRING CAN BE TREATED!

*Dr. Narins loves to treat acne and acne scarring.*

*Acne can be a devastating condition. It can lead to scarring in some people as well. There are many treatments available and we will gear them for your particular needs.*

*Come talk to us and let us help.*

## TREAT THOSE ANNOYING LINES OVER THE LIP

*There are many ways to treat "bar codes" lines.*

1. A combination of filler and botulinum toxin injections.
2. Lasers or peels to resurface the skin.
3. Surgical undermining with local anesthesia

Ask us which treatment is best for you.

## THE "LIQUID FACELIFT" IS STILL THE BIGGEST BANG FOR THE BUCK

Treating the face with fillers and botulinum toxin can give you the natural rejuvenation you've been waiting for.

Find out which products are best for you  
We have all FDA approved fillers and toxins available in our office.

## ARE YOU UNHAPPY WITH YOUR NECK?

*Many minimally invasive treatments are available to rejuvenate your neck. We can help you pick the treatment(s) that are best for you.*

1. Silhouette Instalift with Filler Sutures can help tighten the skin of the neck.
2. Kybella injections can get rid of fat with 2-3 easy treatments.
3. Liposuction with local anesthesia requires one 30 minute treatment to remove fat and tighten skin.
4. For older people with fat and a lot of loose skin we can do liposuction with local anesthesia followed by a little skin excision in the crease under the chin.
5. Botulinum toxin injections can diminish vertical and horizontal lines and make the skin smoother.
6. Thermage radiofrequency can tighten the skin.
7. The Fraxel laser can smooth the skin and get rid of discoloration.
8. Treatment with IPL can get rid of red and brown lesions.
9. The V-beam laser removes red discoloration.
10. When fillers are used to treat the face, they use up extra skin and lift the neck as well.

## LIPOSUCTION/LIPOSCULPTURE

### Get ready for spring and summer

*Remove unwanted fat with one procedure and only local anesthesia!*

You can go back to work and do non-jarring sports such as walking, exercise, bicycles, elliptical and weights in 1-3 days and no one needs pain medication! Call our office for a free consultation in April.

You'll be amazed at the results!

All our patients tell us they don't know why they waited so long to do this amazing procedure.

### **Remember our aesthetician does wonderful:**

Acne facials  
Glycolic and other peels  
Microneedling  
Microdermabrasion  
IPL

### *And more Skin Tips –*

**Hand Treatments**—Various combinations of lasers, peels and fillers can be used to make your hands younger and smoother without those aging brown spots.

**Script-A-Derm Website**—See our website and order on line. We have a beautiful new brochure that describes our products our products and product programs.

## Try Treatment With The FRAXEL Thulium Laser

Looking and Feeling Fabulous was Never So Easy!

Fraxel resurfacing treatments effectively target both the surface and deeper layers of the skin for a smoother, fresher younger and more radiant appearance. We can tailor the treatment to your particular needs. We can treat the face, neck, chest and hands with this versatile laser.

The Fraxel Thulium is the best for treating increased pigmentation and melasma.

Regular treatment 1-2 x yearly with the Fraxel Thulium keeps your skin bright and clear.

The Fraxel can:

*Remove brown spots and melasma*

*Tighten the skin*

*Reduce fine lines around the eyes*

*Soften and treat acne scars*

*Improve the tone and texture of the skin*

*Treat pre-cancerous lesions*



Call our office and schedule a free consultation to see how this laser can improve your appearance!

### QUICK FIXES

1. ZELTIQ COOLTOUCH is used to treat unwanted fat in a non-surgical procedure
2. IPL light treatments take a few minutes and a series will smooth skin and get rid of red and brown discolorations of aging with no recovery time.
3. Chemical Peels or Fraxel procedures can be done on the face, chest, back of hands, neck, arms and legs to smooth the skin and even our discolorations from aging.
4. Thermage radiofrequency treatments can tighten the skin with no recovery time.
5. Liposculpture with local anesthesia and tiny cannulas is a one-time procedure that is safe and gives wonderful results! The recovery is a day or two and patients do not require any medications for pain.
6. Liposuction of the arms and neck works very well AND it is preventative for the development of arm "wings" and "turkey" neck.
7. Women with small or unequal sized breasts and women with small sagging breasts after childbirth can have their own fat injected to even out and fill up the breasts.

### ZELTIQ COOLSCULPTING TREATMENT

NON- SURGICAL FAT REMOVAL

**"New cold treatment destroys fat cells without damaging skin..."**, You can "read a book while your fat disappears."

Got a stubborn love handle or pregnancy pouch? A new procedure painlessly "freezes" the fat away with no surgery, needles or down time It's a very clever way of killing fat cells. Here's how it works: Imagine a small vacuum cleaner head sucking up a small glob of skin and fat from the stomach and freezing it. Fat freezes before skin, so the skin is undamaged, but the fat cells die. Normal body processes slowly and gently remove the dead fat cells over the course of two months. No surgery, no needles – just a one hour walk in – walk out procedure. Call the office for a complimentary consult.



#### *And more Skin Tips....*

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## TIGHTEN AND TONE—*New Body, New You!*

What would it be like to be able to have a body with younger looking skin. “Body by Thermage’ is a non-invasive procedure that smoothes, and tightens the skin for an overall younger looking experience, without surgery, injections or downtime! This revolutionary process utilizes radio-waves to safely heat your skin at the collagen level. Stimulating your skin’s collagen creates the younger skin that you once had—the only difference is that now, you have the wisdom to appreciate it. In addition to tightening sagging skin on your face and eyes, crow’s feet and wrinkles, Thermage can also be used to tighten, tone and help remove wrinkled skin on your arms, tummy and legs as well. Call us today to learn more about this remarkable procedure.

## ADVANCED FILLER PROCEDURES:

### *Volumizing is #1!*

Filling many areas makes you look younger yet natural and healthy. These include:  
Temples, Cheekbones, Midface, Jawline & Chin, Eyebrows, Earlobes, Forehead, Hands, Nose

### REMEMBER YOUR SKIN CHECKS!

We are happy to perform your yearly skin checks. Don't forget them! We provide forms for Medicare and other insurance companies.



### SCRIPT-A-DERM PRODUCTS AVAILABLE



COME SEE OUR NEWLY RENOVATED WHITE PLAINS OFFICE

Come and visit our newly renovated office in White Plains.

We are excited to show you our changes.

We have the same wonderful staff and the latest technologies.

FOLLOW US ON FACEBOOK  
LOOK AT OUR WEBSITE:

ASK ABOUT OUR CLINICAL TRIALS  
SIGN UP FOR OUR EMAIL SPECIAL OFFERS

VISIT OUR WEBSITE: [WWW.NARINS.COM](http://WWW.NARINS.COM) [WWW.SCRIPTADERM.COM](http://WWW.SCRIPTADERM.COM)



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